

2008 USLA National Lifeguard Championships

<< Junior Lifeguard Competition Schedule >>

Thursday, Aug. 7, 2008 - 8:00 am Assembly on Beach

This is an approximate order of events. The order may change due to various circumstances. Please check with the course officials.

RED COURSE

"A" & "AA" Course

"A", "AA" Beach Run
"A", "AA" Rescue Race
"A", "AA" Run Swim Run
"A", "AA" Surf Race

LUNCH 12 "NOON"

"A", "AA" Swim Relay
"A", "AA" Board Race
"A", "AA" Iron Guard
"A", "AA" Beach Flags

GREEN COURSE

"B" Course

"B" Beach Run
"B" Surf Race
"B" Board Race
"B" Rescue Race

LUNCH 12 "NOON"

"B" Iron Guard
"B" Swim Relay
"B" Run Swim Run
"B" Beach Flags

BLUE COURSE

"C" Course

"C" Beach Run
"C" Run Swim Run
"C" Surf Race
"C" Beach Flags

LUNCH "NOON"

"C" Rescue Race
"C" Board Race
"C" Swim Relay
"C" Iron Guard